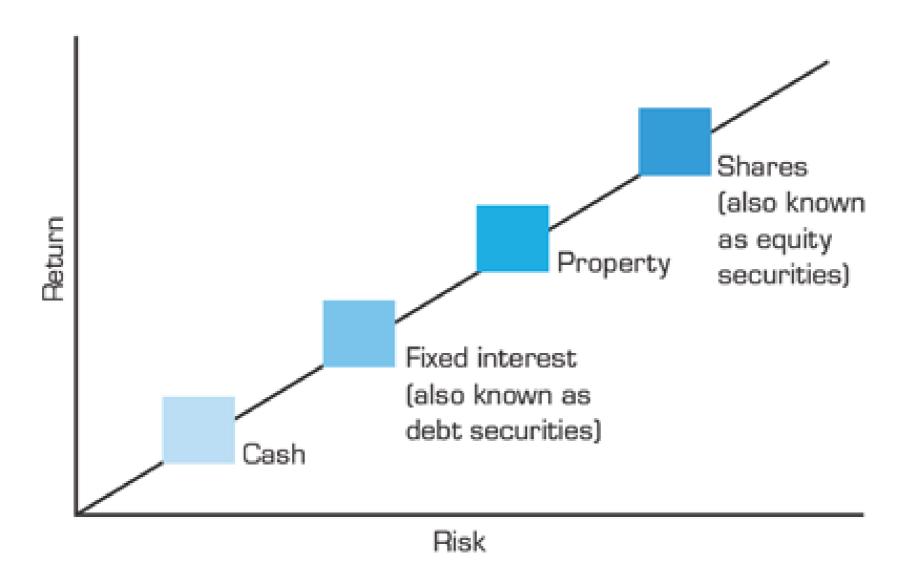
# Paradim Shift in cholesterol behandeling:

van LDL-C target naar LDL-C eradicatie

Prof. G.Kees Hovingh, MD PhD MBA
Dept. Vascular Medicine
Academic Medical Center
Amsterdam, the Netherlands

## Risk and profit

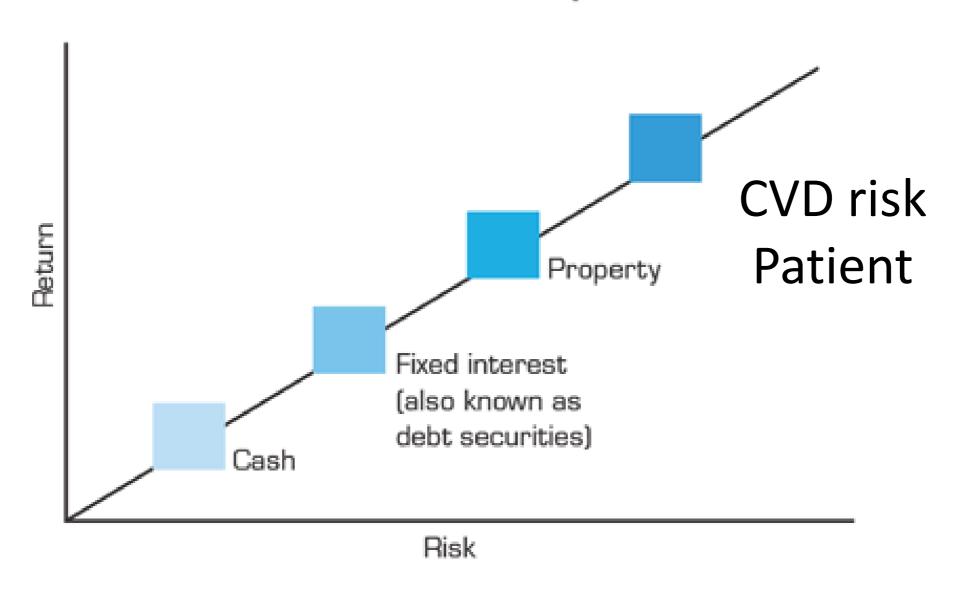
#### Risk and Return Comparison



https://www.ausbanking.org.au/subsites/smarterinvesting/risks.html

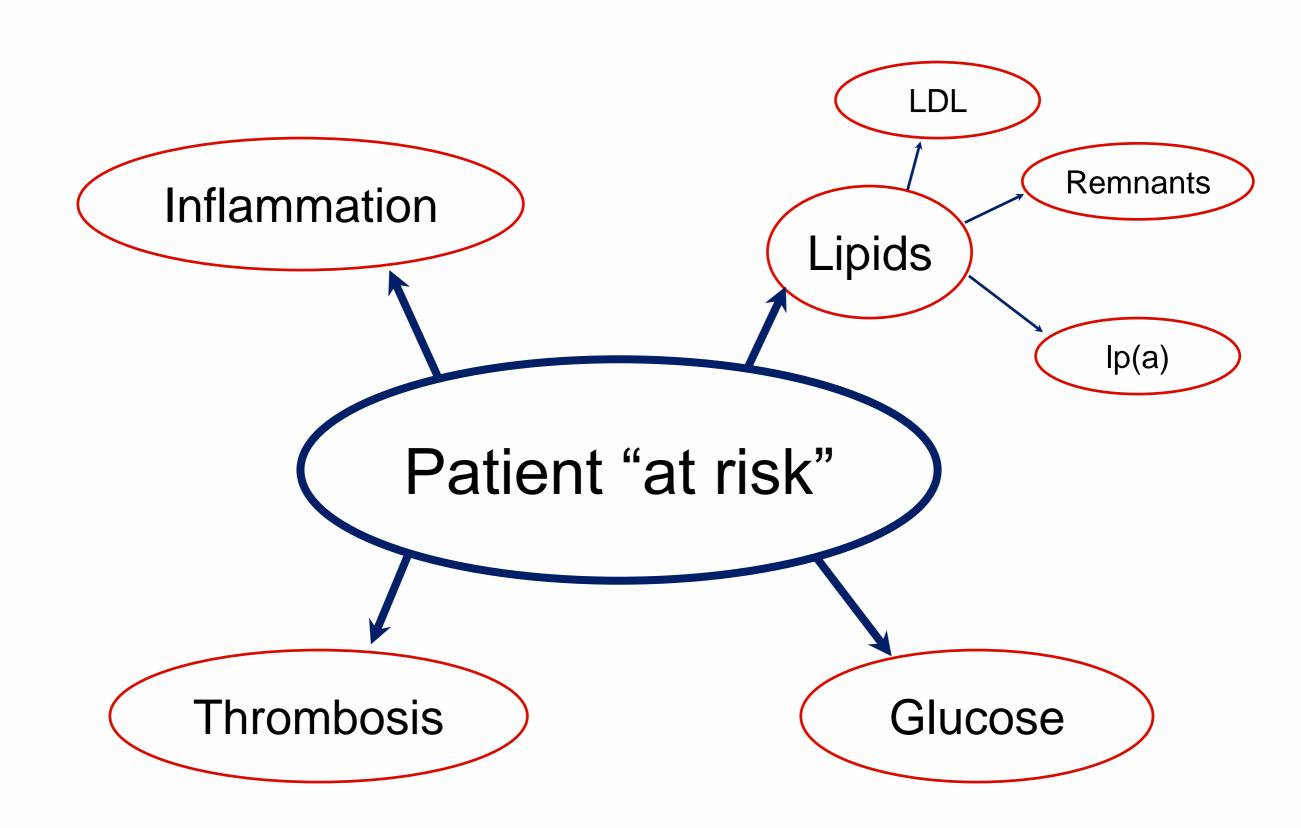
# High risk CVD patients Risk and profit

#### Risk and Return Comparison



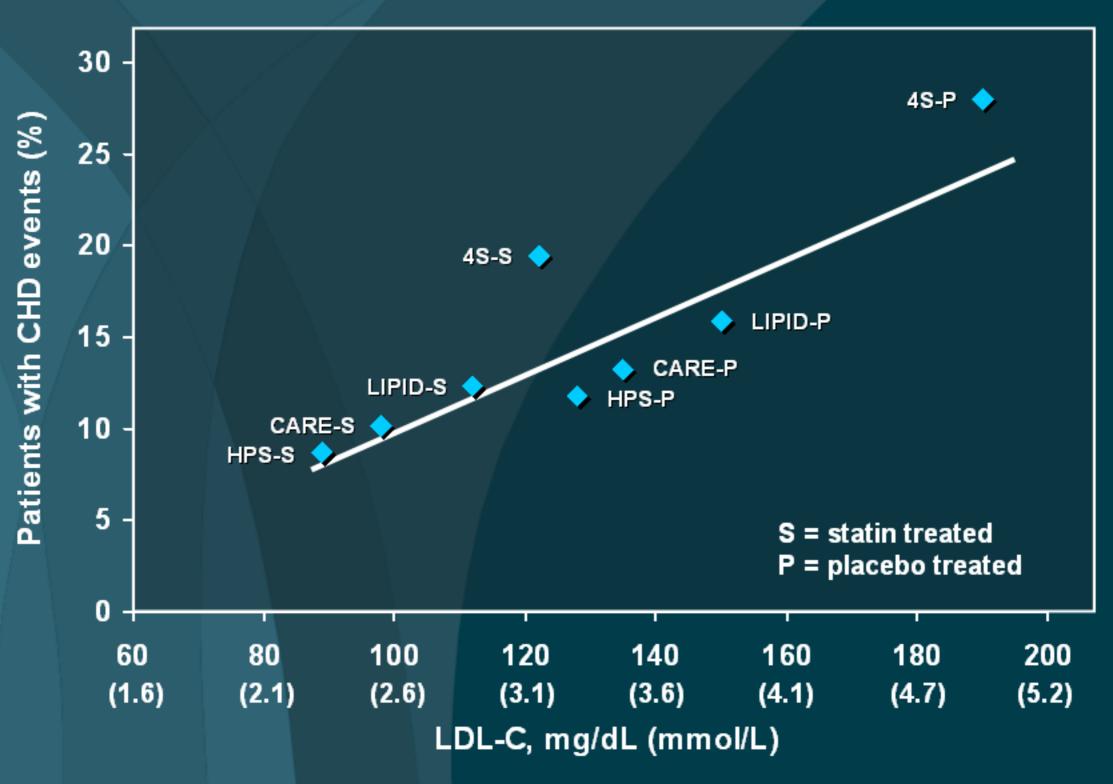
https://www.ausbanking.org.au/subsites/smarterinvesting/risks.html

## CVRM in the years to come.....



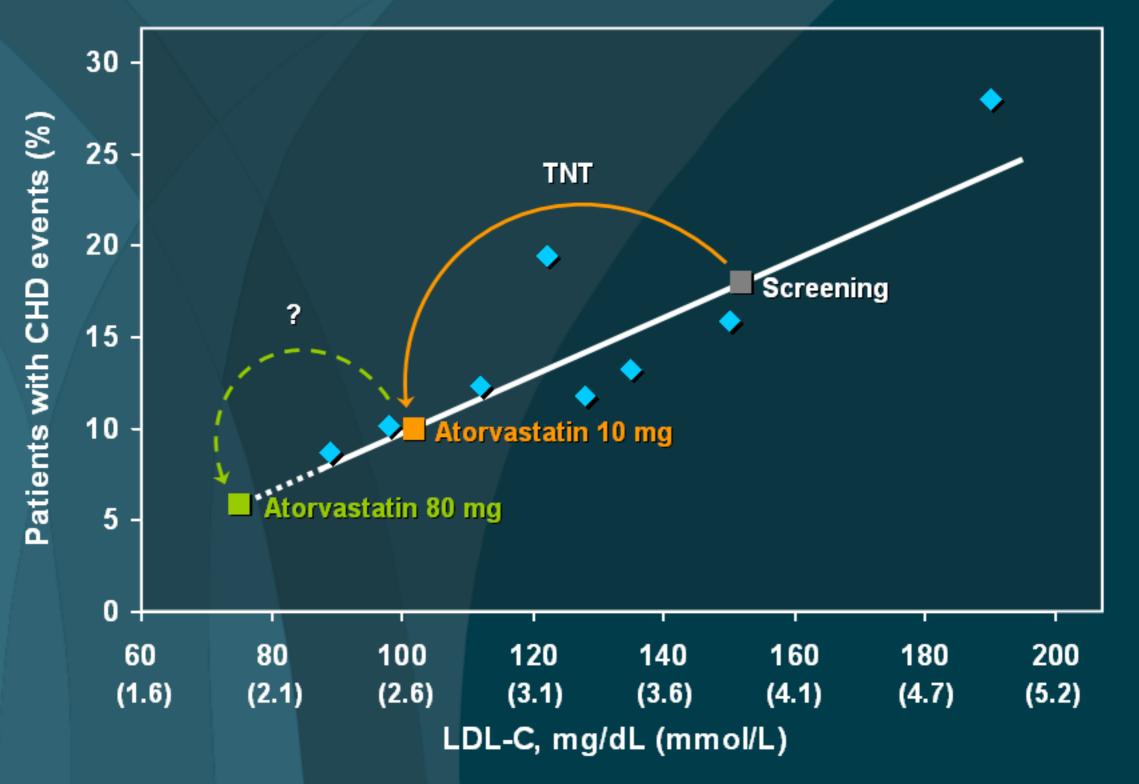


### Effects of More Intensive Lipid Lowering in CHD Patients





## The Treating to New Targets (TNT) Study: Rationale





#### **TNT: Objective**

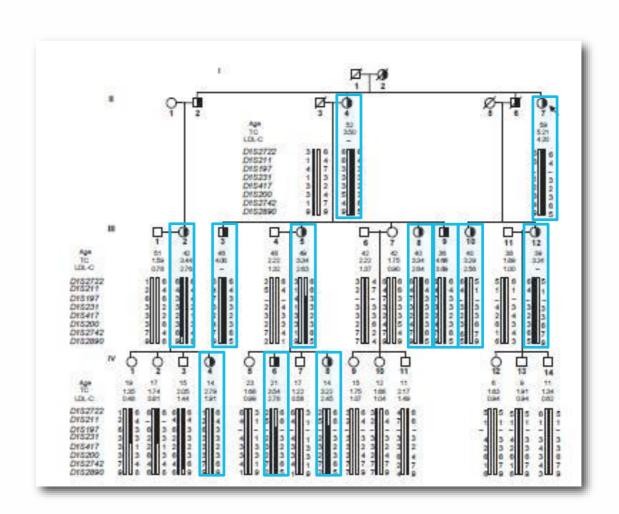
TNT is the first randomized clinical trial to prospectively assess the efficacy and safety of treating patients with stable CHD to LDL-C levels well below 100 mg/dL (2.6 mmol/L)

## PCSK9- a major breakthrough

## Mutations in *PCSK9* cause autosomal dominant hypercholesterolemia

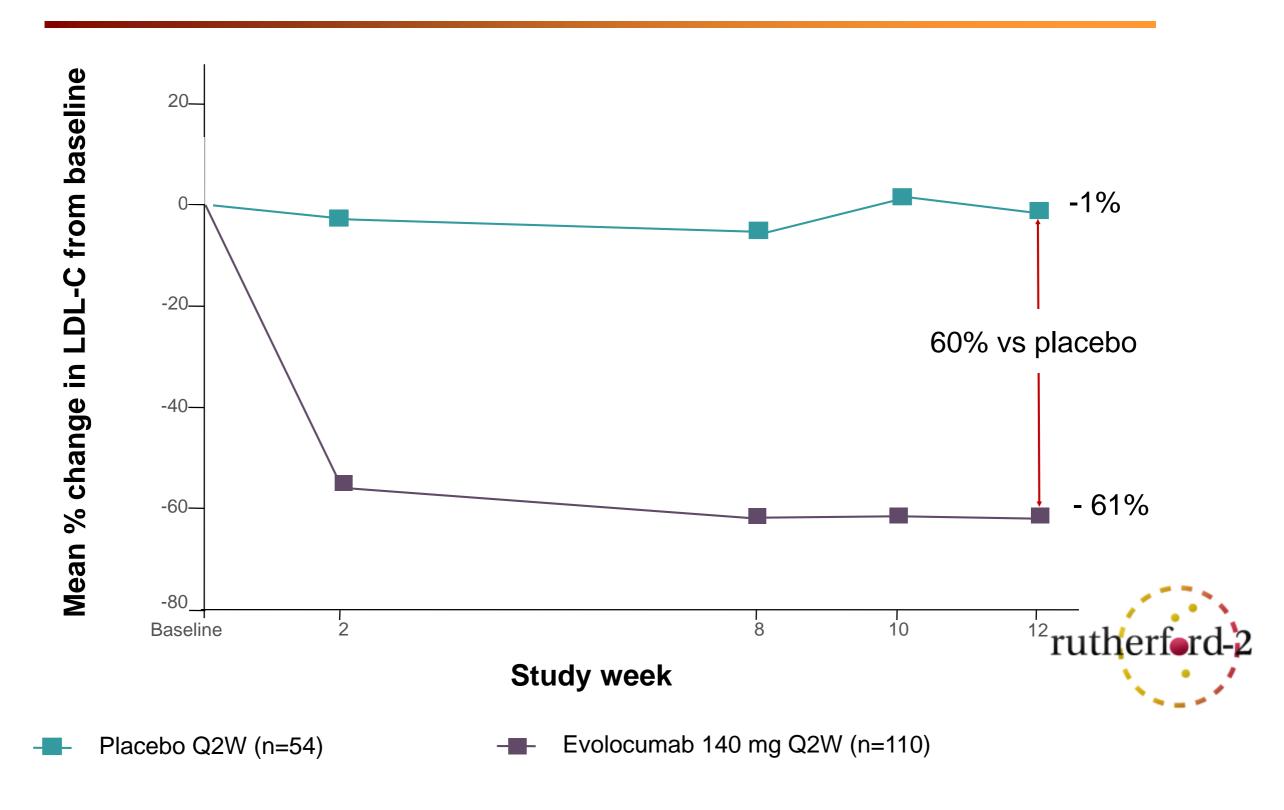
Marianne Abifadel<sup>1,2</sup>, Mathilde Varret<sup>1</sup>, Jean-Pierre Rabès<sup>1,3</sup>,
Delphine Allard<sup>1</sup>, Khadija Ouguerram<sup>4</sup>, Martine Devillers<sup>1</sup>,
Corinne Cruaud<sup>5</sup>, Suzanne Benjannet<sup>6</sup>, Louise Wickham<sup>6</sup>,
Danièle Erlich<sup>1</sup>, Aurélie Derré<sup>1</sup>, Ludovic Villéger<sup>1</sup>, Michel Farnier<sup>7</sup>,
Isabel Beucler<sup>8</sup>, Eric Bruckert<sup>9</sup>, Jean Chambaz<sup>10</sup>, Bernard Chanu<sup>11</sup>,
Jean-Michel Lecerf<sup>12</sup>, Gerald Luc<sup>12</sup>, Philippe Moulin<sup>13</sup>,
Jean Weissenbach<sup>5</sup>, Annick Prat<sup>6</sup>, Michel Krempf<sup>4</sup>,
Claudine Junien<sup>1,3</sup>, Nabil G Seidah<sup>6</sup> & Catherine Boileau<sup>1,3</sup>

Autosomal dominant hypercholesterolemia (ADH; OMIM144400), a risk factor for coronary heart disease, is characterized by an increase in low-density lipoprotein cholesterol levels that is associated with mutations in the genes LDLR (encoding low-density lipoprotein receptor) or APOB (encoding apolipoprotein B). We mapped a third locus associated with ADH, HCHOLA3 at 1p32, and now report two mutations in the gene PCSK9 (encoding proprotein convertase subtilisin/kexin type 9) that cause ADH. PCSK9 encodes NARC-1 (neural apoptosis regulated convertase), a newly identified human subtilase that is highly expressed in the liver and contributes to cholesterol homeostasis.



- Affected family members with:
- Total cholesterol in 90th percentile, Tendon xanthomas, CHD Early MI Stroke

## Evolocumab significantly reduces LDL-C in patients with heterozygous FH



## Therapeutics...

#### Small molecules

hydrophobic organic, typically act by deactivating or inhibiting target proteins through competitive binding. downside: only 2–5% of the protein-coding human genome has these sites

#### Protein based

antibody/ enzyme
high specificity to a variety of targets /
replacement of mutated or missing
proteins (e.g., insulin for diabetes)

-: cost, size, stability

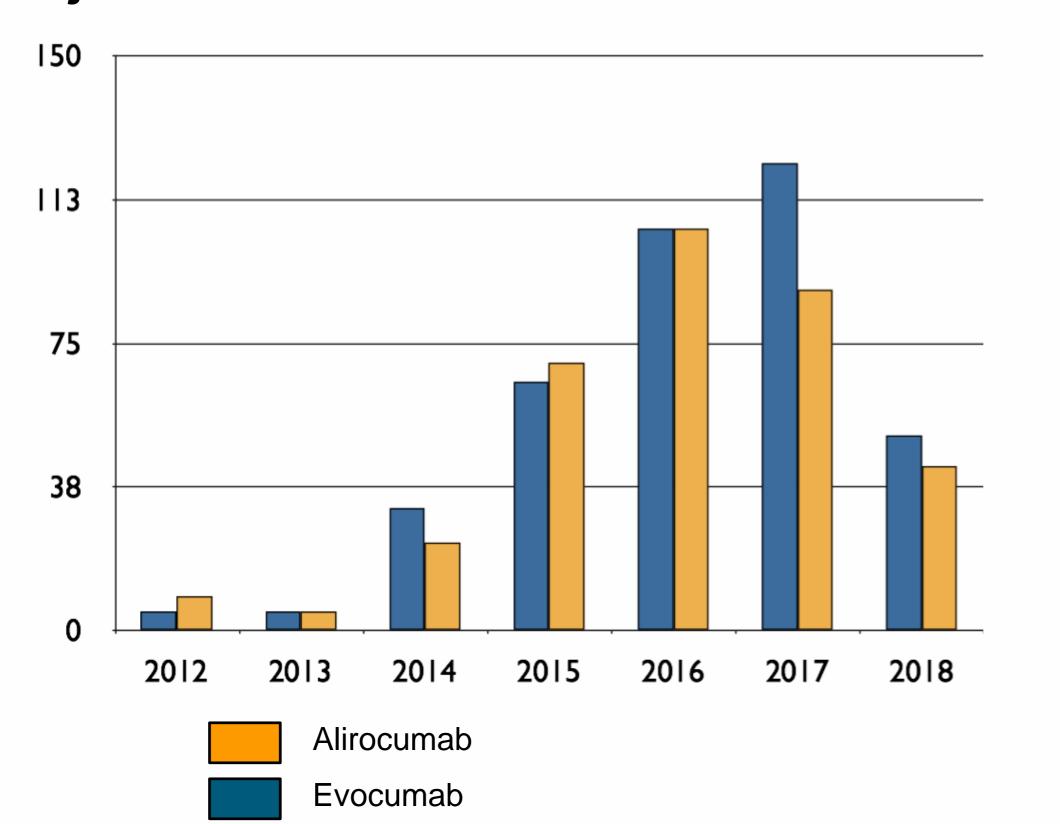
#### RNA drugs

siRNA, ASO, CRISPR9Cas extremely specific, exome skipping, knockdown

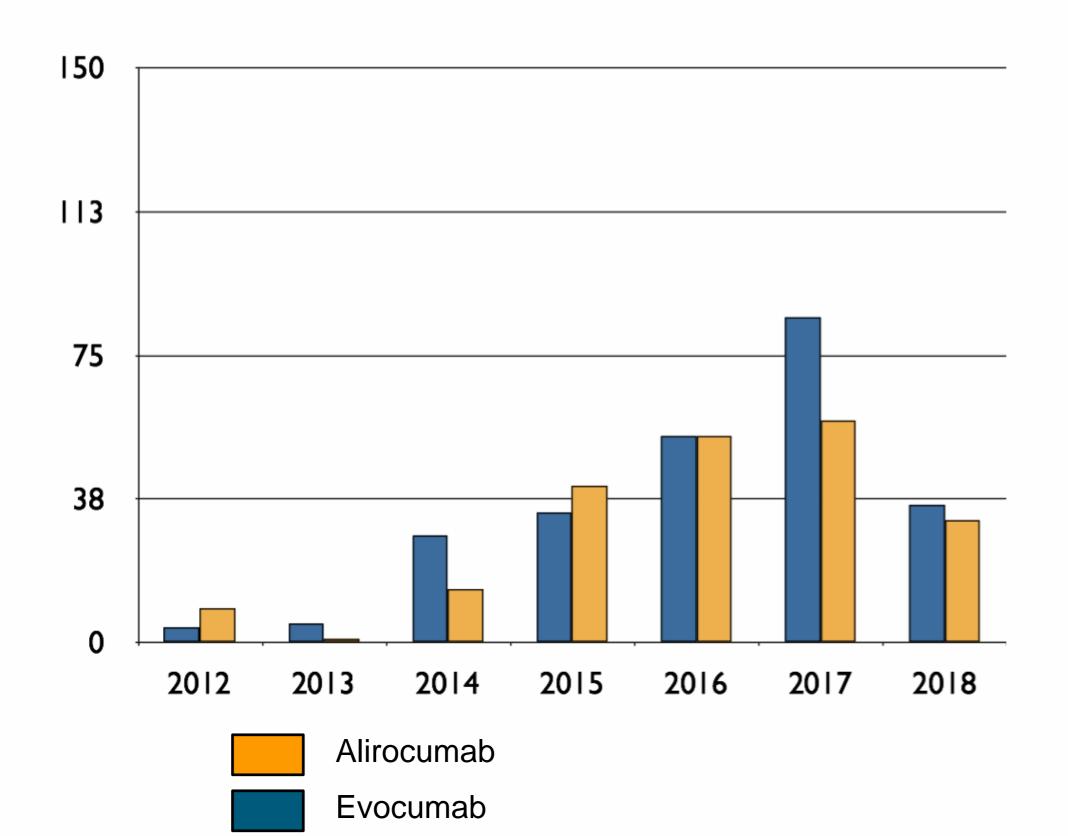
Potent and specific genetic interference by double-stranded RNA in Caenorhabditis elegans. Fire A, Mello CC

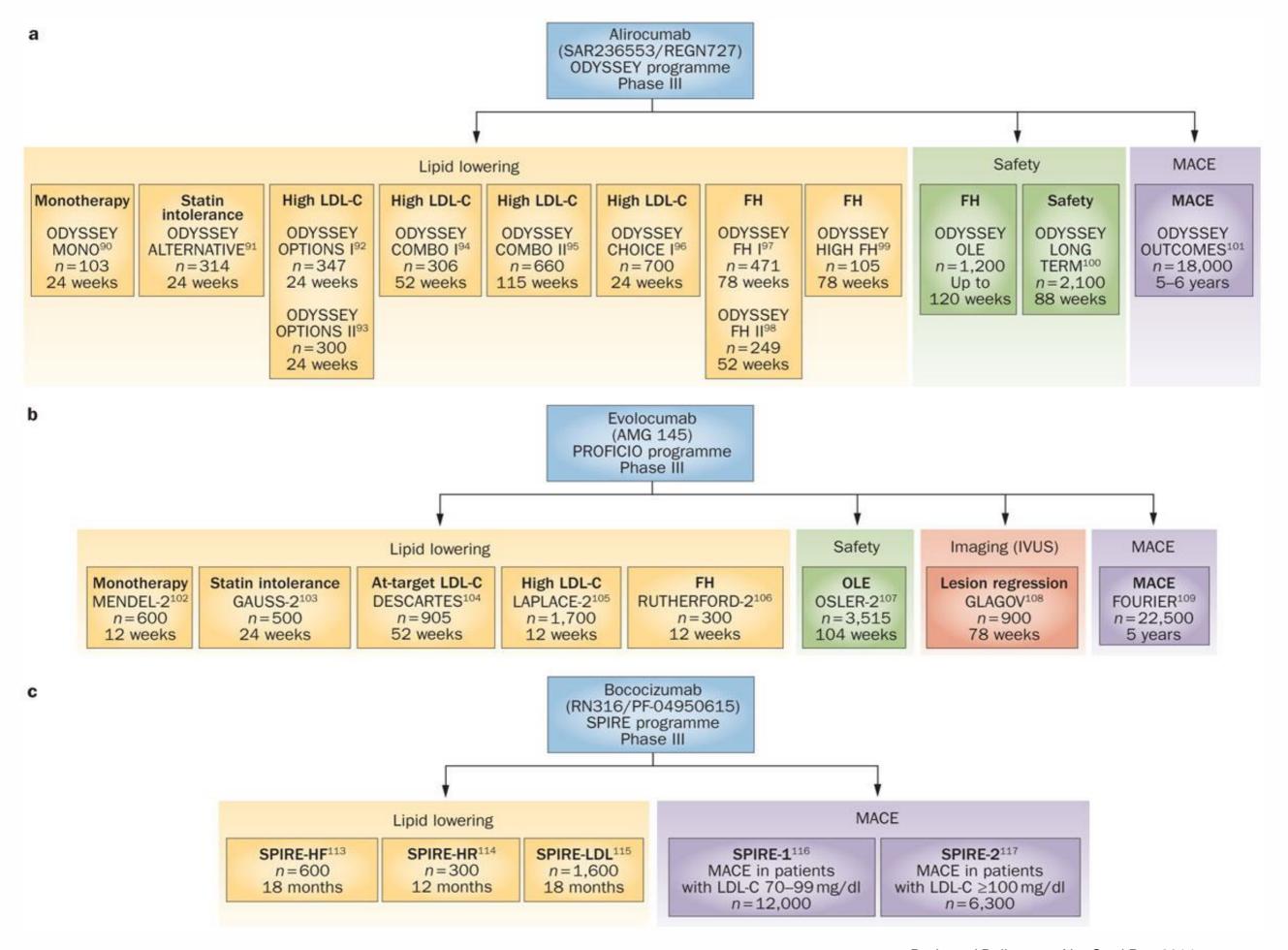
Nature. 1998 Feb 19; 391(6669):806-11.

## Aantallen papers (pubmed hits) per jaar "evolocumab" en "alirocumab"

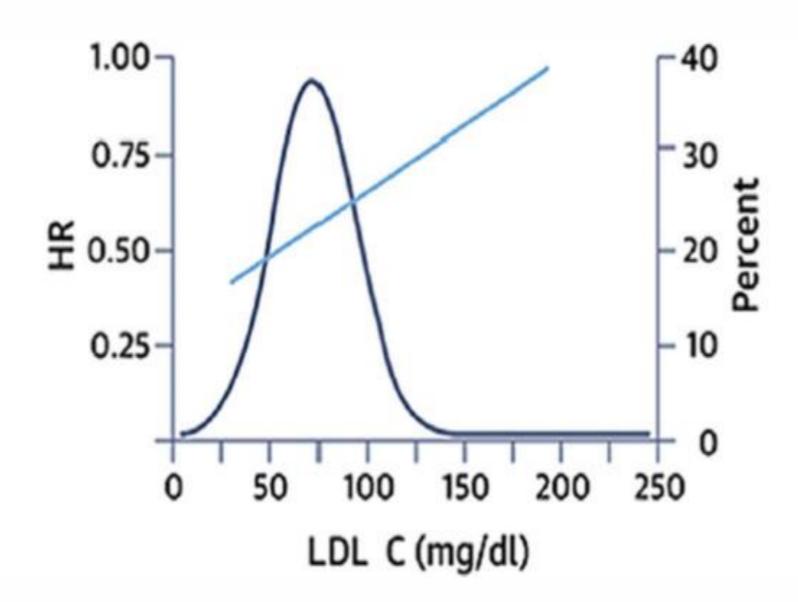


## en nu zonder reviews....

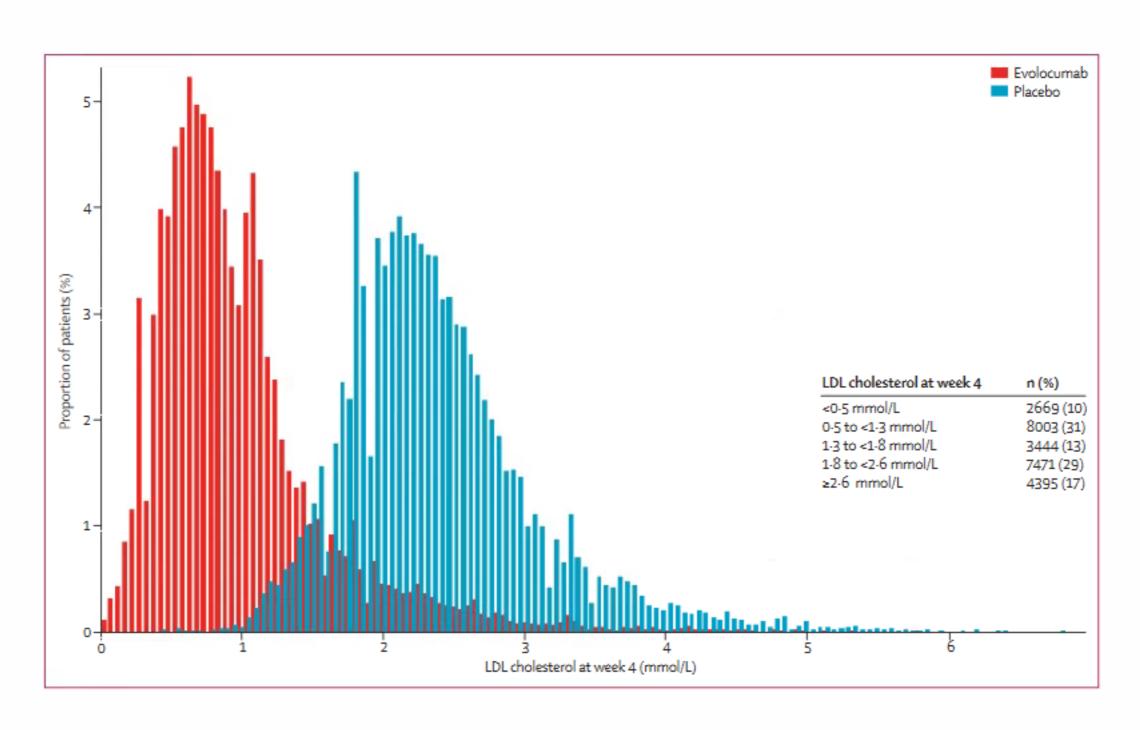


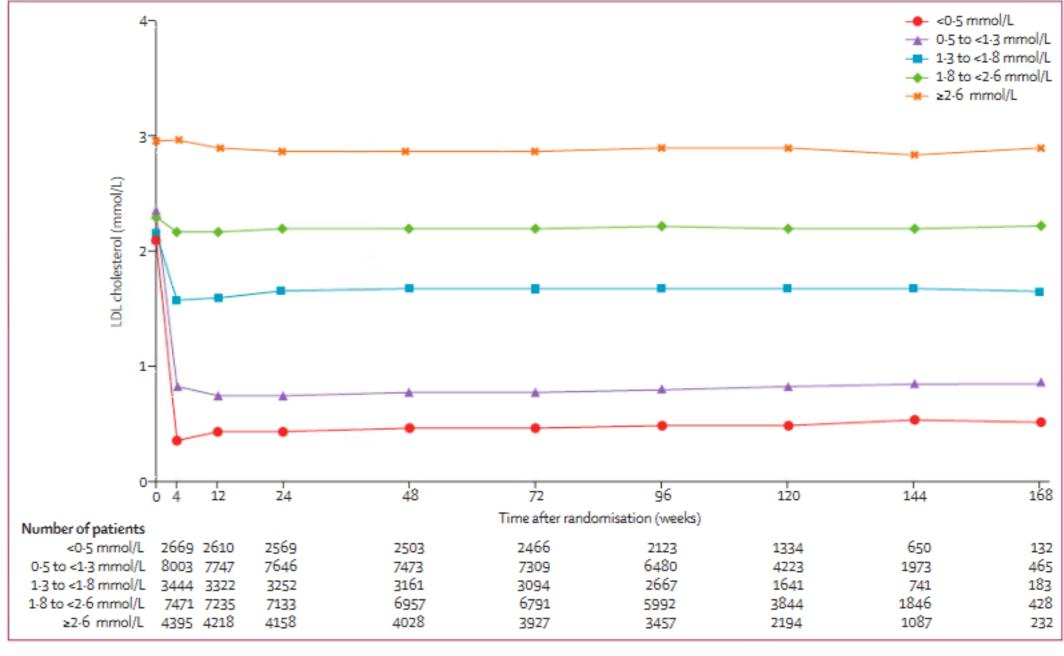


## Achieved LDL-C matters

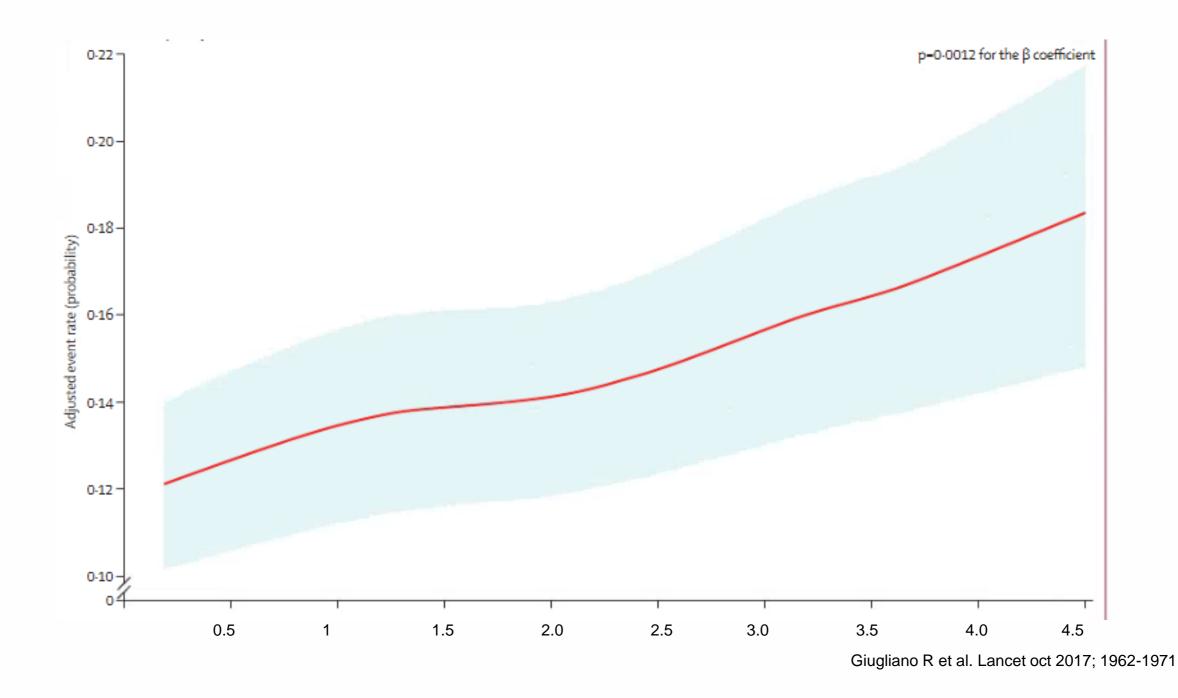


#### Evolocumab- FOURIER: achieved LDL-C





Giugliano R et al. Lancet oct 2017; 1962-1971



	LDL-cholesterol concentration at 4 weeks					P <sub>trend</sub>
	<0.5 mmol/L (n=2669)	0.5 to <1.3 mmol/L (n=8003)	1·3 to <1·8 mmol/L (n=3444)	1.8 to <2.6 mmol/L (n=7471)	≥2.6 mmol/L (n=4395)	
Serious adverse events	614 (23%)	1948 (24%)	838 (24%)	1684 (23%)	1022 (23%)	0.13
Adjusted OR (95% CI)	0.97 (0.86-1.10)	1.01 (0.92-1.11)	1.01 (0.90-1.13)	0.93 (0.84-1.02)	1 (ref)	0.30
Adverse events* leading to discontinuation of study drug	98 (4%)	295 (4%)	124 (4%)	234 (3%)	149 (3%)	0.11
Adjusted OR (95% CI)	1.08 (0.82-1.43)	1.07 (0.86-1.33)	1.07 (0.83-1.39)	0.91 (0.73-1.14)	1 (ref)	0.13
AST or ALT elevation (>3 times ULN)	41 (2%)	120 (1%)	76 (2%)	119 (2%)	83 (2%)	0.19
Adjusted OR (95% CI)	0.96 (0.64-1.43)	0.87 (0.64-1.17)	1.25 (0.90-1.74)	0.91 (0.68-1.24)	1 (ref)	0.64
Creatine kinase elevation (>5 times ULN)	18 (1%)	55 (1%)	19 (1%)	58 (1%)	26 (1%)	0.99
Adjusted OR (95% CI)	1.02 (0.53-1.96)	1.07 (0.65-1.77)	0.88 (0.47-1.65)	1.23 (0.75-2.02)	1 (ref)	0.72
Neurocognitive events	49 (2%)	122 (2%)	51 (1%)	100 (1%)	52 (1%)	0.019
Adjusted OR (95% CI)	1.28 (0.84-1.96)	1.10 (0.78-1.55)	1.10 (0.73-1.65)	0.97 (0.68-1.39)	1 (ref)	0.15
New onset diabetes mellitus†	135/1655 (8%)	389/4863 (8%)	162/1886 (9%)	356/4603 (8%)	220/2778 (8%)	0.63
Adjusted OR (95% CI)	1.06 (0.83-1.35)	1.00 (0.83-1.20)	1.03 (0.83-1.30)	0.95 (0.78-1.14)	1 (ref)	0.48
Cataract-related adverse events	56 (2%)	124 (2%)	61 (2%)	134 (2%)	55 (1%)	0.15
Adjusted OR (95% CI)	1.54 (1.03-2.31)	1.14 (0.82-1.60)	1.34 (0.91-1.98)	1.35 (0.96-1.89)	1 (ref)	0.43
New or progressive malignancy	64 (2%)	205 (3%)	87 (3%)	166 (2%)	99 (2%)	0.22
Adjusted OR (95% CI)	0.90 (64-1.27)	1.01 (0.78-1.31)	1.04 (0.77-1.42)	0.88 (0.67-1.15)	1 (ref)	0.72
Haemorrhagic stroke	3 (<1%)	19 (<1%)	7 (<1%)	17 (<1%)	7 (<1%)	0.99
Adjusted HR (95% CI)	0.71 (0.17-2.90)	1.55 (0.62-3.85)	1.39 (0.47-4.14)	1.57 (0.62-3.98)	1 (ref)	0.91
Non-cardiovascular death	25 (1%)	86 (1%)	34 (1%)	66 (1%)	45 (1%)	0.67
Adjusted HR (95% CI)	0.89 (0.53-1.50)	1.06 (0.72-1.55)	1.03 (0.65-1.64)	0.89 (0.60-1.33)	1 (ref)	0.73

#### JAMA Cardiology | Brief Report

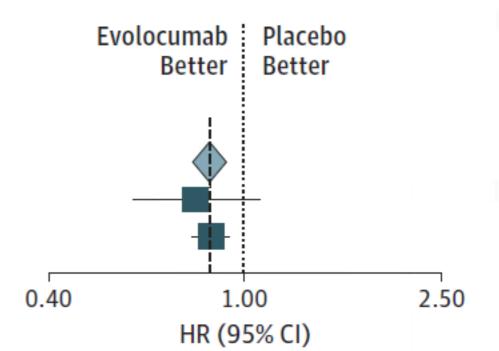
#### Clinical Efficacy and Safety of Evolocumab in High-Risk Patients Receiving a Statin Secondary Analysis of Patients With Low LDL Cholesterol Levels and in Those Already Receiving a Maximal-Potency Statin in a Randomized Clinical Trial

Robert P. Giugliano, MD, SM; Anthony Keech, MD; Sabina A. Murphy, MPH; Kurt Huber, MD; S. Jale Tokgozoglu, MD; Basil S. Lewis, MD;
Jorge Ferreira, MD; Armando Lira Pineda, MD; Ransi Somaratne, MD; Peter S. Sever, PhD, FRC; Terje R. Pedersen, PhD; Marc S. Sabatine, MD, MPH

Dec 2017:1385

2034 with LDL-C <70mg/dL at baseline!!

A Efficacy outcomes by baseline LDL-C level			
Primary composite end point	HR (95% CI)		
All	0.85 (0.79-0.92)		
Baseline LDL-C level, <70 mg/dL	0.80 (0.60-1.07)		
Baseline LDL-C level, ≥70 mg/dL	0.86 (0.79-0.92)		



### The ODYSSEY OUTCOMES Trial: Topline Results

#### Alirocumab in Patients After Acute Coronary Syndrome

Gregory G. Schwartz, Michael Szarek, Deepak L. Bhatt, Vera Bittner, Rafael Diaz, Jay Edelberg,
Shaun G. Goodman, Corinne Hanotin, Robert Harrington, J. Wouter Jukema,
Guillaume Lecorps, Angèle Moryusef, Robert Pordy, Matthew Roe, Harvey D. White, Andreas Zeiher,

Ph. Gabriel Steg

On behalf of the ODYSSEY OUTCOMES Investigators and Committees

American College of Cardiology – 67th Scientific Sessions March 10, 2018



ClinicalTrials.gov: NCT01663402

### Main Inclusion Criteria

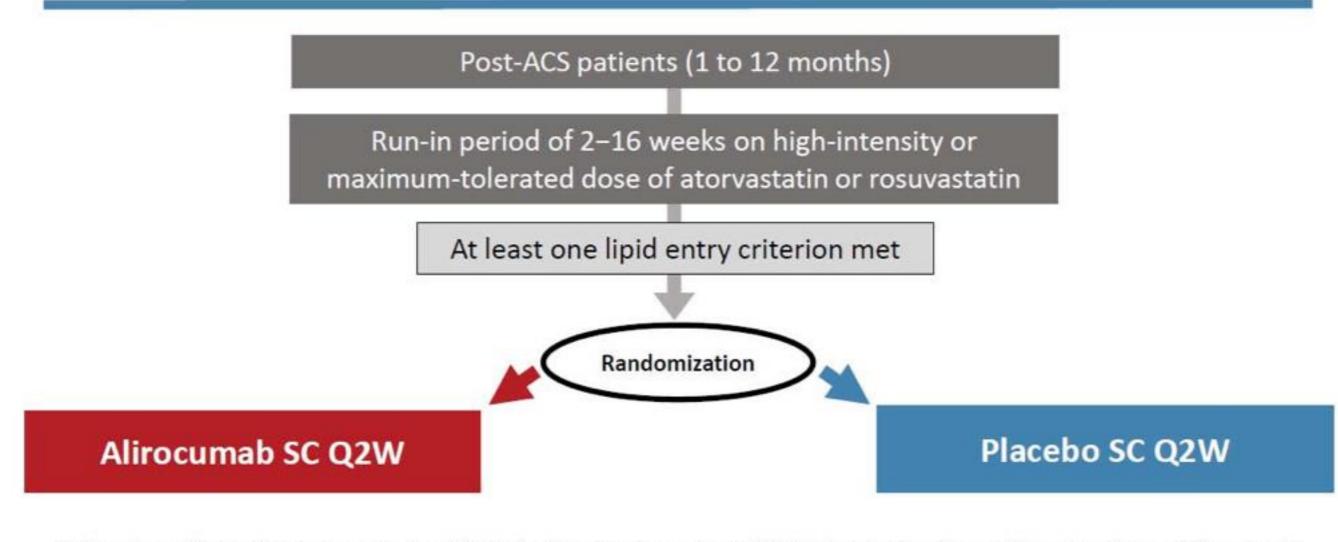
D

- Age ≥40 years
- ACS
- 1 to 12 months prior to randomization
- Acute myocardial infarction (MI) or unstable angina
- High-intensity statin therapy\*
  - Atorvastatin 40 to 80 mg daily or
  - Rosuvastatin 20 to 40 mg daily or
  - Maximum tolerated dose of one of these agents for ≥2 weeks
- Inadequate control of lipids
  - LDL-C ≥70 mg/dL (1.8 mmol/L) or
  - Non-HDL-C ≥100 mg/dL (2.6 mmol/L) or
  - Apolipoprotein B ≥80 mg/dL



<sup>\*</sup>Patients not on statins were authorized to participate if tolerability issues were present and documented Schwartz GG, et al. Am Heart J 2014;168:682-689.e1.

## Treatment Assignment

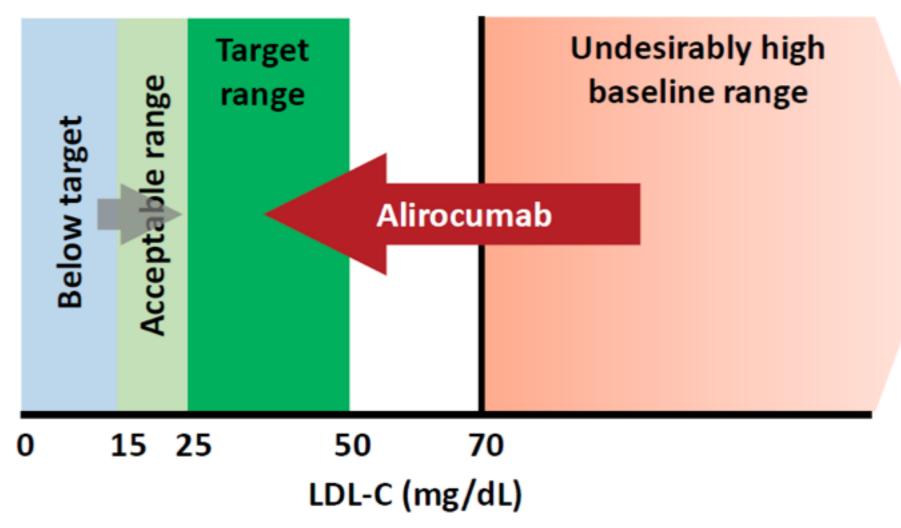


Patient and investigators remained blinded to treatment and lipid levels for the entire duration of the study



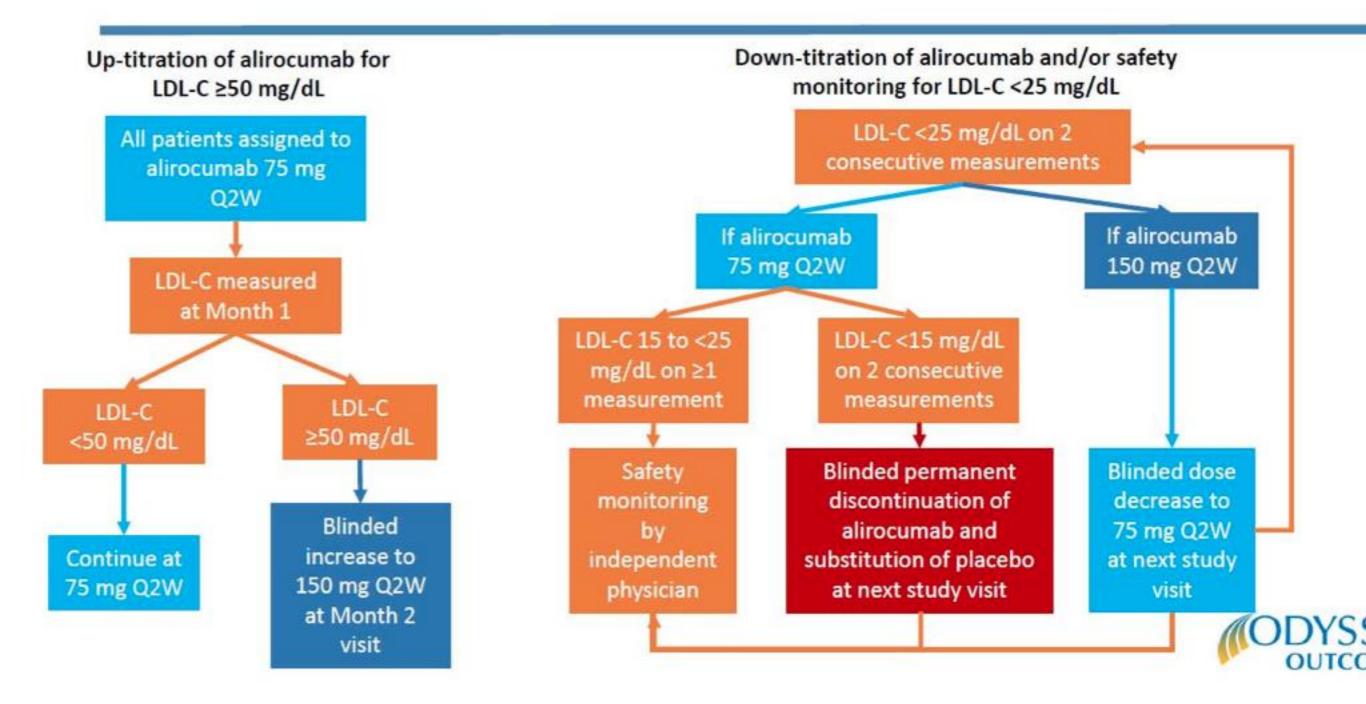
## A Target Range for LDL-C

We attempted to maximize the number of patients in the target range and minimize the number below target by blindly titrating alirocumab (75 or 150 mg SC Q2W) or blindly switching to placebo.

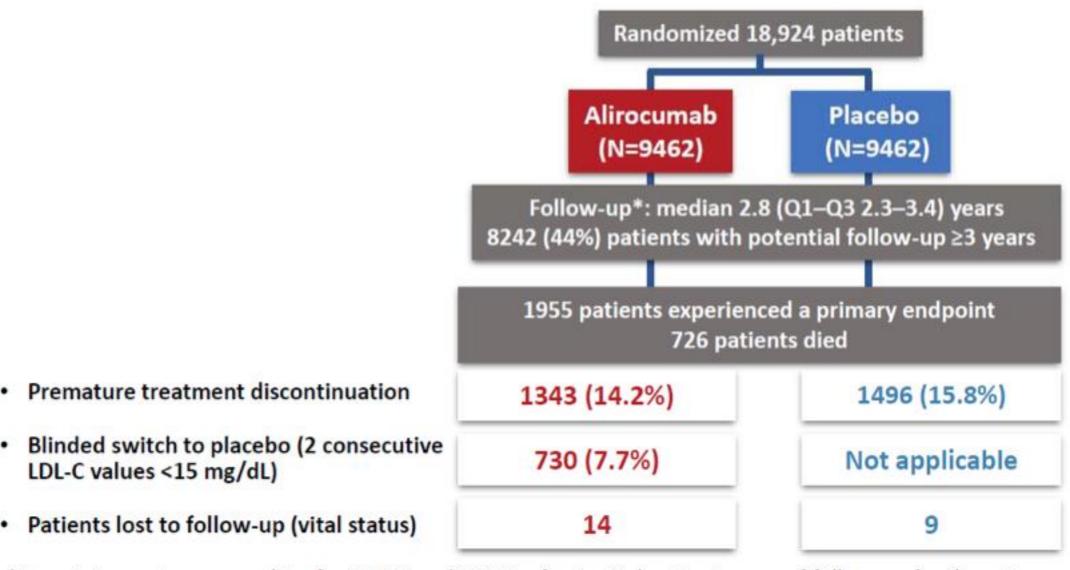




## Blinded Alirocumab Dose Adjustments



## Patient Disposition



<sup>\*</sup>Ascertainment was complete for 99.1% and 99.8% of potential patient-years of follow-up for the primary endpoint and all-cause death, respectively



## Baseline Demographics

Characteristic	Alirocumab (N=9462)	Placebo (N=9462)
Age, years, median (Q1-Q3)	58 (52-65)	58 (52-65)
Female, n (%)	2390 (25.3)	2372 (25.1)
Medical history, n (%)		
Hypertension	6205 (65.6)	6044 (63.9)
Diabetes mellitus	2693 (28.5)	2751 (29.1)
Current tobacco smoker	2282 (24.1)	2278 (24.1)
Prior MI	1790 (18.9)	1843 (19.5)

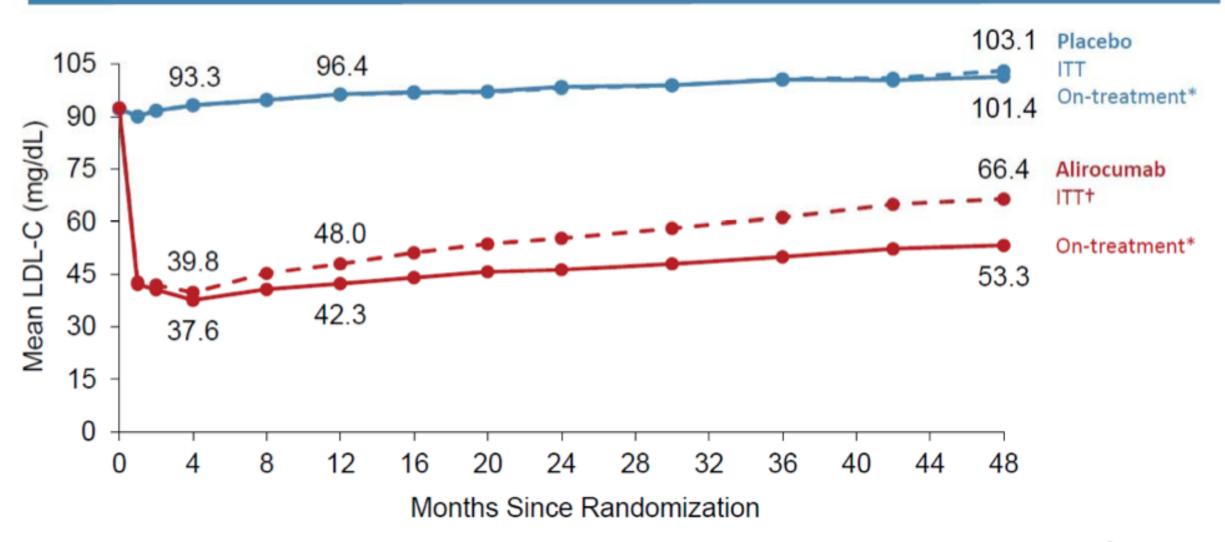


## **Baseline Index Events**

Characteristic	Alirocumab (N=9462)	Placebo (N=9462)
Time from index ACS to randomization, months, median (Q1–Q3)	2.6 (1.7-4.4)	2.6 (1.7-4.3)
ACS type, n (%)		
NSTEMI	4574 (48.4)	4601 (48.7)
STEMI	3301 (35.0)	3235 (34.2)
Unstable angina	1568 (16.6)	1614 (17.1)
Revascularization for index ACS, n (%)	6798 (71.8)	6878 (72.7)



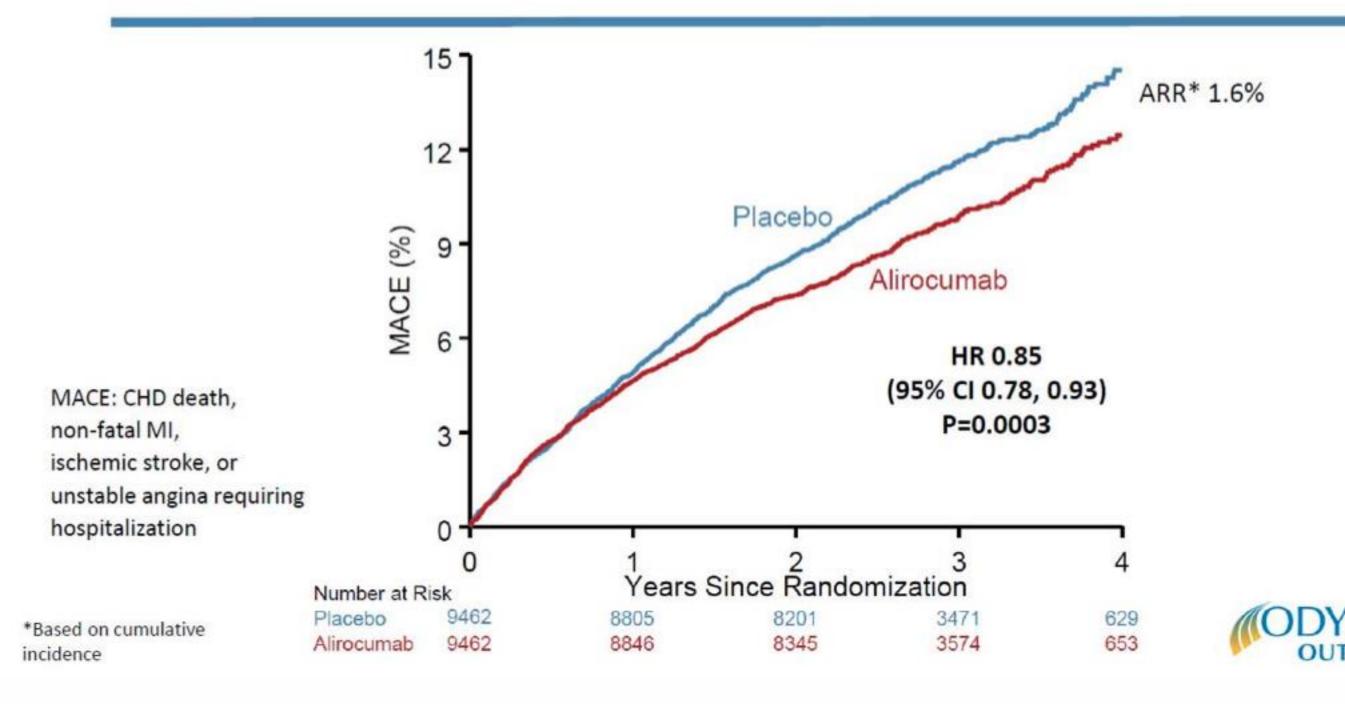
## LDL-C: ITT and On-Treatment Analyses



<sup>\*</sup>Excludes LDL-C values after premature treatment discontinuation or blinded switch to placebo
†All LDL-C values, including those after premature treatment discontinuation, blinded down titration, or blinded switch to placebo



## Primary Efficacy Endpoint: MACE



## Conclusions Odyssey (preliminary....\_

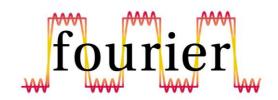
- In this nearly 19,000-patient placebo-controlled trial, including many patients treated for ≥3 years, there was no safety signal with alirocumab other than injection site reactions
- Among patients with ACS and baseline LDL-C ≥100 mg/dL, alirocumab reduced MACE by 24% (ARR 3.4%) and all-cause death by 29% (ARR 1.7%) compared with placebo
  - These are the patients who may benefit most from treatment



ARR, absolute risk reduction



## Trial Design



27,564 high-risk, stable patients with established CV disease (prior MI, prior stroke, or symptomatic PAD)

Screening, Lipid Stabilization, and Placebo Run-in High or moderate intensity statin therapy (± ezetimibe)

LDL-C ≥70 mg/dL (1.8 mmol/L) or non-HDL-C ≥100 mg/dL (2.6 mmol/L)

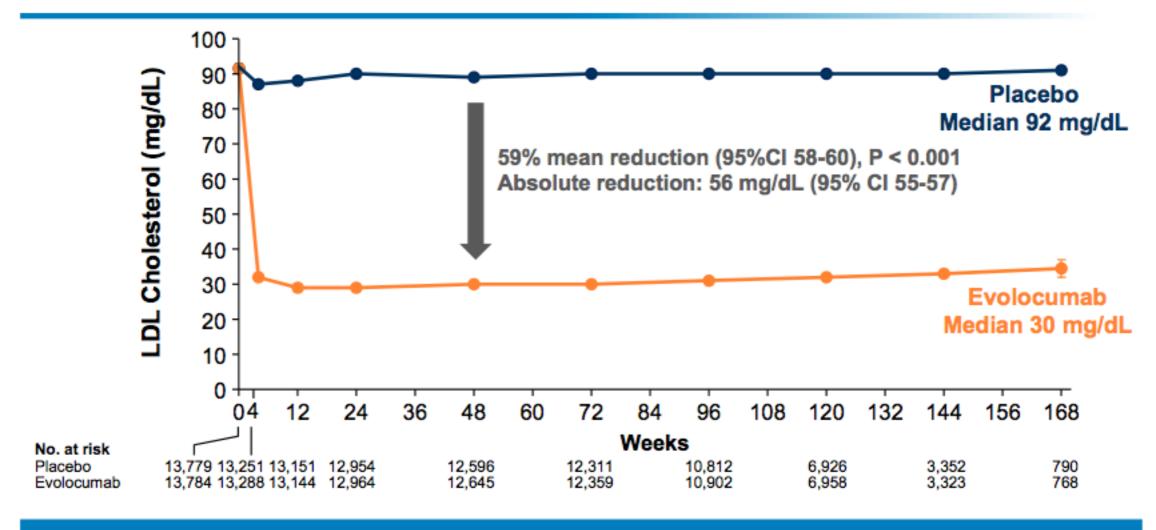
Evolocumab SC 140 mg Q2W or 420 mg QM RANDOMIZED DOUBLE BLIND

Placebo SC Q2W or QM

Follow-up Q 12 weeks Median f/up 2.2 yrs



### Median LDL-C Levels Over Time: All Patients



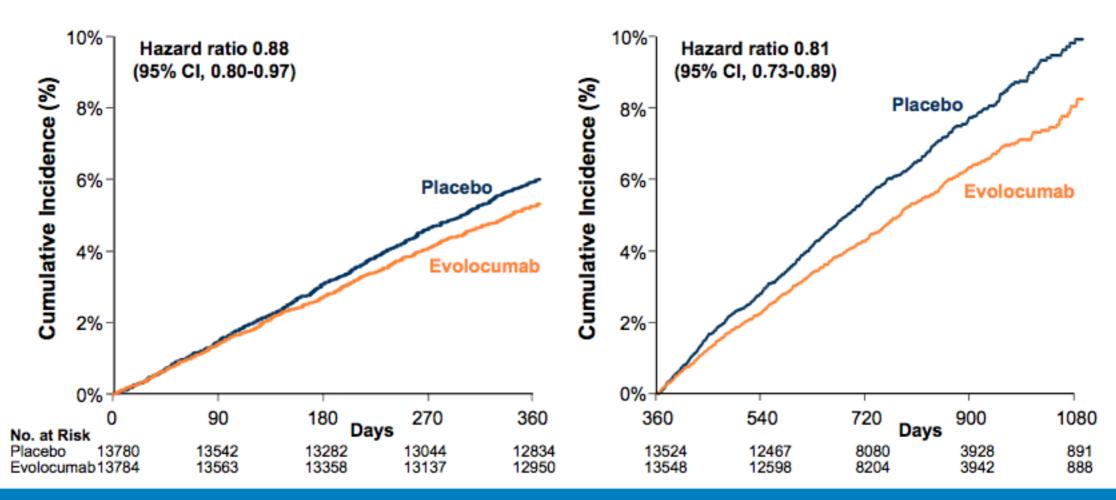
LDL-C was significantly reduced in the evolocumab group (median: 30 mg/dL) including 42% who achieved levels ≤ 25 mg/dL vs < 0.1% in the placebo group



#### Landmark Analysis of Primary Endpoint



#### > Year 1: RRR 19%



#### Longer duration of treatment and follow up suggests larger risk reduction





### Primary and Key Secondary Endpoints Stratified by Baseline LDL-C

#### Efficacy outcomes by baseline LDL-C level

Numb	er Events	Primary Endpoint	HR (95% CI)	1 1	P Value for Interaction
Evo	Placebo	All	0.85 (0.79-0.92)	•	
86	106	LDL-C < 70 mg/dL	0.80 (0.60-1.07)	-	
1258	1457	LDL-C ≥ 70 mg/dL	0.86 (0.79-0.92)	-	.65
				0.4 1.0	2.5
Numb	er Events	Key Secondary End	lpoint		
Evo	Placebo	All	0.80 (0.73-0.88)	<b>+</b>	
48	68	LDL-C < 70 mg/dL	0.70 (0.48-1.01)	-	
		101.05.70	0.04 (0.72 0.00)	<b>⊢</b>	.44
768	945	LDL-C ≥ 70 mg/dL	0.81 (0.73-0.89)		<del></del>
768	945	LDL-C ≥ 70 mg/dL	0.61 (0.73-0.69)	0.4 1.0	2.5

Evolocumab significantly reduced risk for the primary and key secondary endpoints in those with baseline LDL-C < 70 mg/dL and ≥ 70 mg/dL, with no evidence of effect modification due to baseline LDL-C level

AMGEN Cardiovascular

## Therapeutics...

#### Small molecules

hydrophobic organic, typically act by deactivating or inhibiting target proteins through competitive binding. downside: only 2–5% of the protein-coding human genome has these sites

#### Protein based

antibody/ enzyme
high specificity to a variety of targets /
replacement of mutated or missing
proteins (e.g., insulin for diabetes)

-: cost, size, stability

#### RNA drugs

siRNA, ASO, CRISPR9Cas extremely specific, exome skipping, knockdown

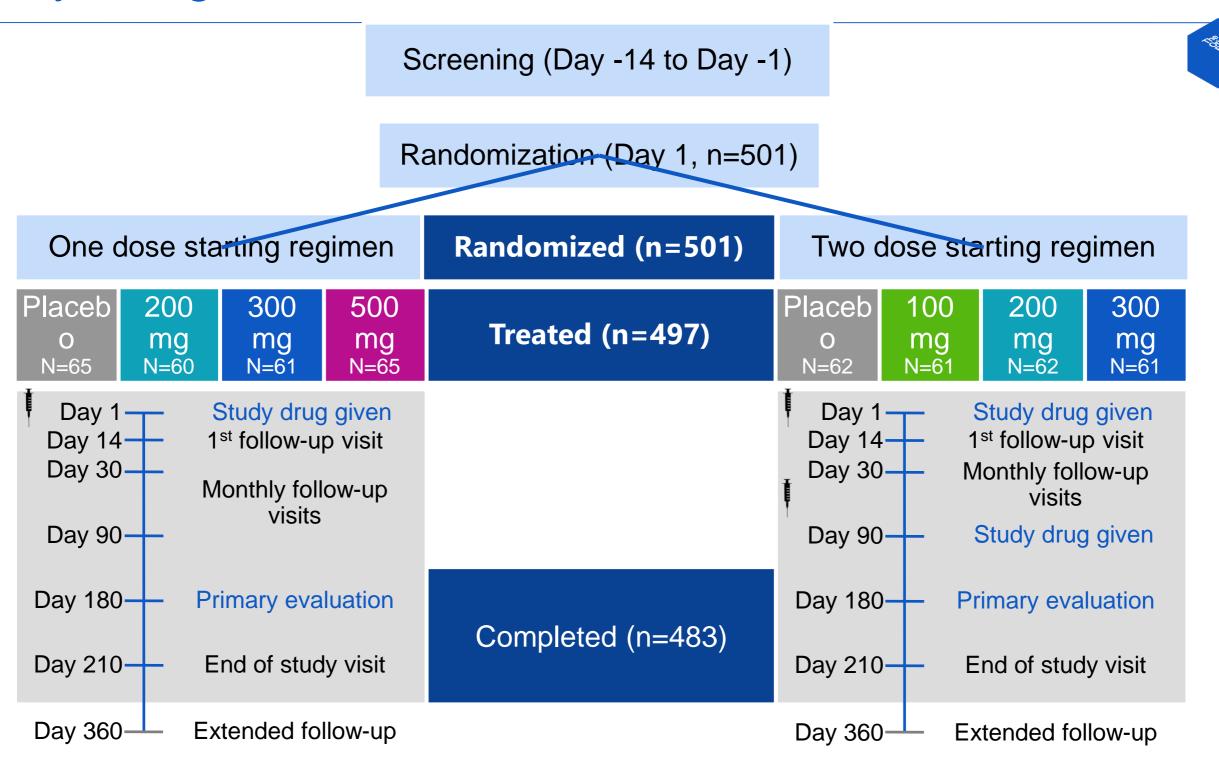
Potent and specific genetic interference by double-stranded RNA in Caenorhabditis elegans. Fire A, Mello CC

Nature. 1998 Feb 19; 391(6669):806-11.

## Current clinical RNA delivery trials

Fitusiran (ALN-AT3SC)	siRNA	Plasma antithrombin	Conjugate (GalNAc)	Subcutaneous injection	Severe hemophilia A or B	NCT02554773	I/II
LASI MENA ALASI: Conjugue (Sali)	Old) Substitutemen injentien de Intraveneur inflatien. de Liver-injentien Intraveneur inflatien Intra	Auto intensition perjujuk <u>NATURARAN</u> Selid amer <u>NATURARAN NATURARAN</u> Semina idalah Liter ameri	511 0.0 NCTR-20110 1				
Inclisiran (ALN-PCSSC)	siRNA	PCSK9	Conjugate (GalNAc)	Subcutaneous injection	Hypercholesterolemia	NCT03060577	II
AKCEA- APOCIII-LRx	ASO	ApoCIII	Conjugate (GalNAc)	Subcutaneous injection	Elevated triglycerides	NCT02900027	I
IONIS ANGPTL3-LRx	ASO	ANGPTL3	Conjugate (GalNAc)	Subcutaneous injection	Elevated triglycerides/familial hypercholesterolemia	NCT02709850	I/II
AKCEA-APO(a)-LRx	ASO	ApoA	Conjugate (GalNAc)	Subcutaneous injection	Hyperlipoproteinemia(a)	NCT03070782	П
IONIS-GCGR Rx	ASO	GCGR	Naked (modified)	Subcutaneous injection	Type 2 diabetes	NCT02824003	II
Volanesorsen	ASO	ApoCIII	Naked (modified)	Subcutaneous injection	Familial chylomicronemia syndrome Familial partial lipodystrophy	NCT02658175 NCT02527343	III II/I

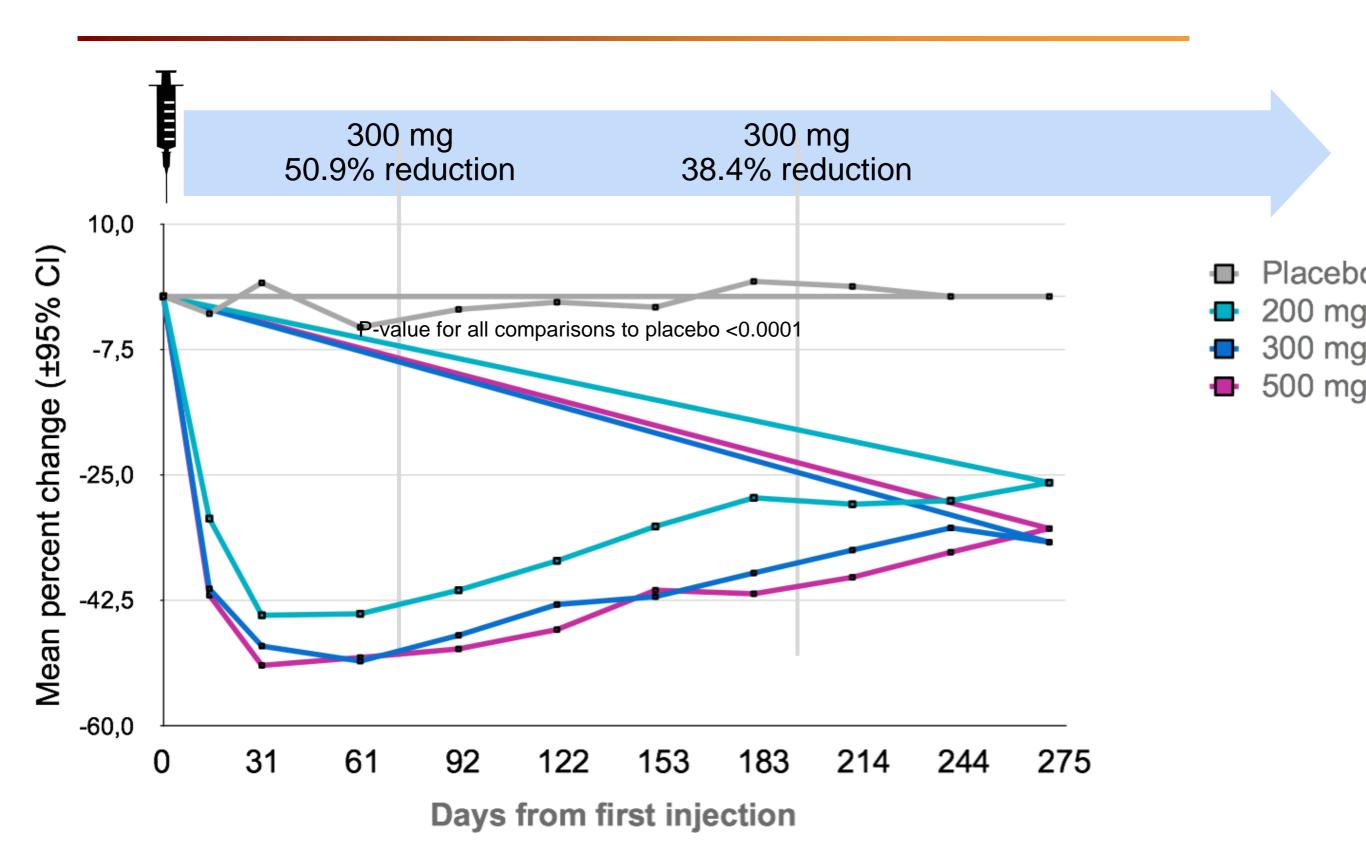
# Phase II ORION-1 Study Study design



#### No safety concerns

- No thrombocytopenia
- No neuropathy
- No immunogenicity (no anti-drug antibodies)
- No pro-inflammatory symptoms or elevated markers

# Efficacy: One dose starting regimen LDL-C reductions – 300 mg optimal



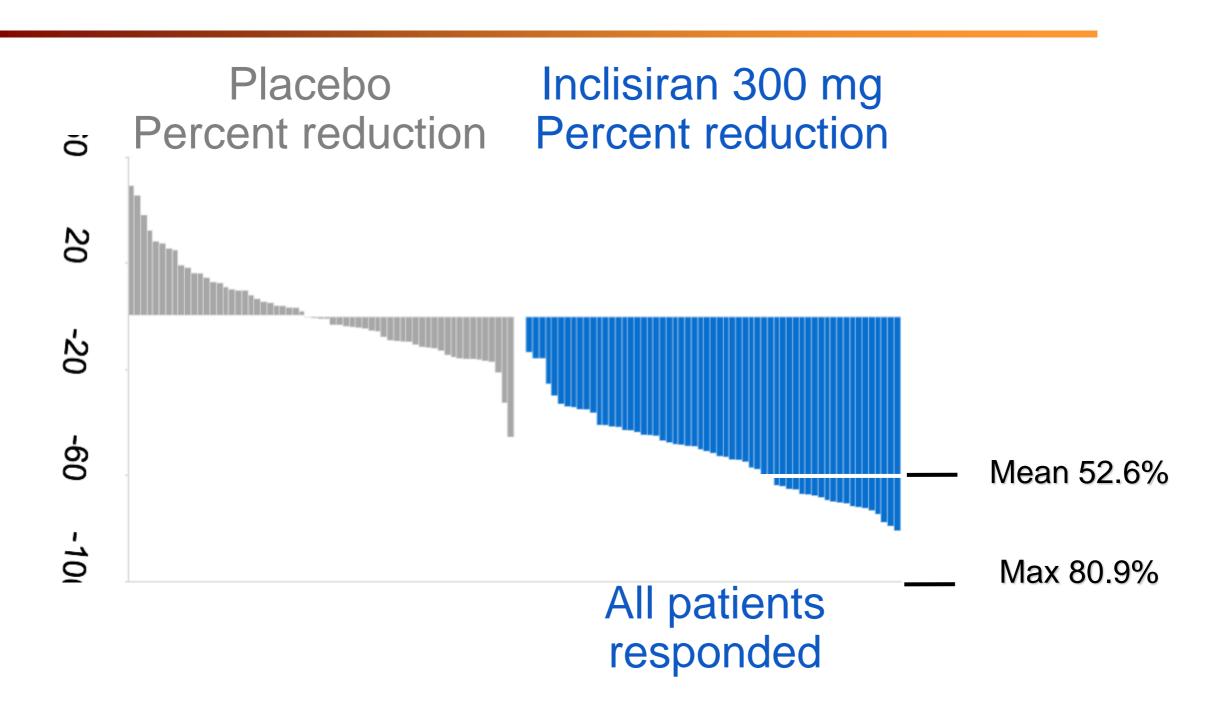


#### ORIGINAL ARTICLE

#### Inclisiran in Patients at High Cardiovascular Risk with Elevated LDL Cholesterol

Kausik K. Ray, M.D., Ulf Landmesser, M.D., Lawrence A. Leiter, M.D., David Kallend, M.D., Robert Dufour, M.D., Mahir Karakas, M.D., Tim Hall, M.D., Roland P.T. Troquay, M.D., Traci Turner, M.D., Frank L.J. Visseren, M.D., Peter Wijngaard, Ph.D., R. Scott Wright, M.D., and John J.P. Kastelein, M.D., Ph.D.

# Efficacy: Two dose starting regimen Individual patient responses (%) at day 180



#### SHORT COMMUNICATION

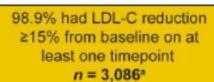


# Assessment of the 1% of Patients with Consistent < 15% Reduction in Low-Density Lipoprotein Cholesterol: Pooled Analysis of 10 Phase 3 ODYSSEY Alirocumab Trials

Harold E. Bays <sup>1</sup> • Robert S. Rosenson <sup>2</sup> • Marie T. Baccara-Dinet <sup>3</sup> • Michael J. Louie <sup>4</sup> • Desmond Thompson <sup>4</sup> • G. Kees Hovingh <sup>5</sup>

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#### Study pool comprises 10 ODYSSEY trials n = 3,120 alirocumab-treated patients



1.1% had LDL-C reduction <15% from baseline on all timepoints n = 33

Seven patients (0.2%) did not have PK<sub>As</sub> analysis conducted

26 patients (0.8%) were in studies with PK<sub>AI</sub> analysis conducted



Confirmed non-adherence i.e. no evidence of alirocumab in samples (PK<sub>Ali</sub> = 0 ng/ml) n = 13 (0.4%)

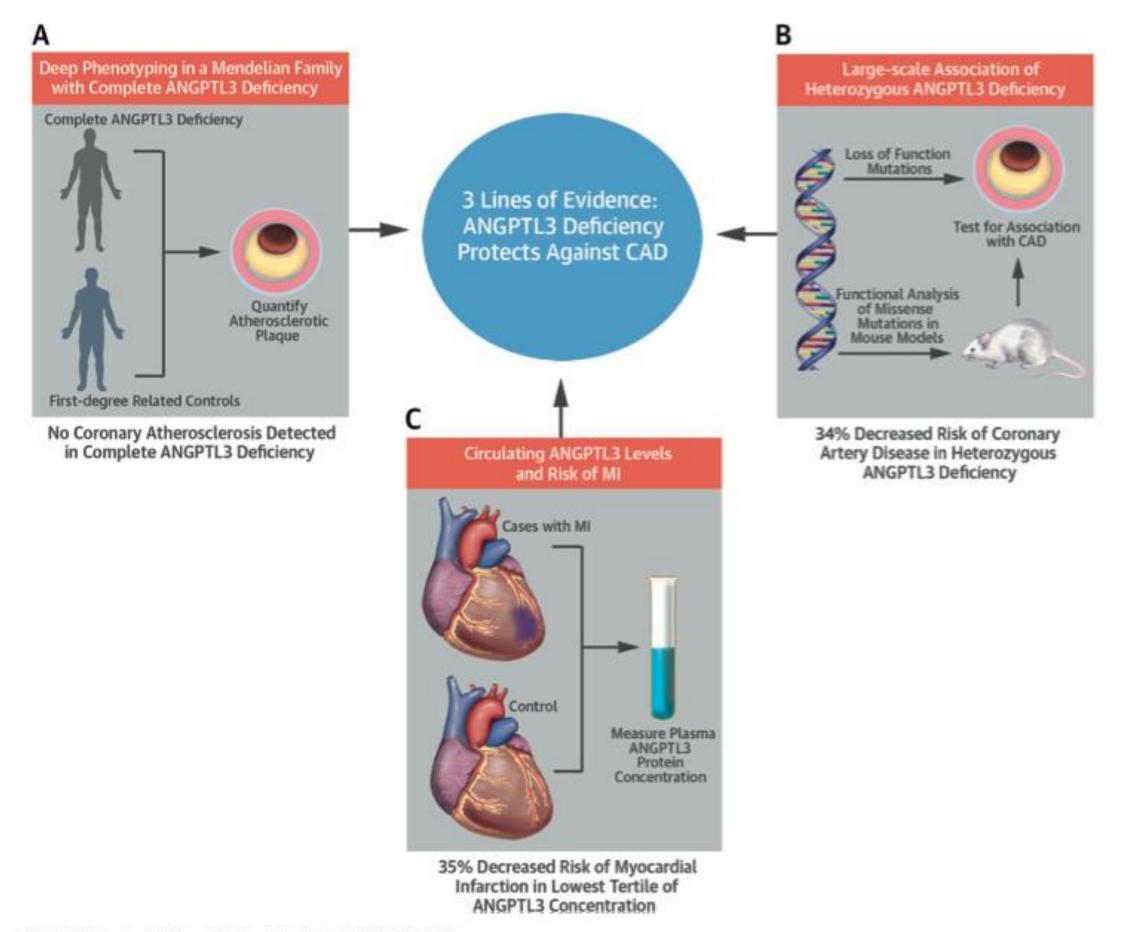
$$PK_{All}$$
 results missing  $n = 2 (0.1\%)$ 

Treatment discontinued early (few early PK<sub>Ali</sub> measurements hence cannot conclude on adherence)<sup>b</sup> n = 5 (0.2%)

PK<sub>Ali</sub> >10% of the expected alirocumab concentration on at least one timepoint. LDL-C reduction <15% unexplained n = 6 (0.2%)

## PCSK9 targeted therapy

Drug	Sponsor	Modality	Status
Alirocumab and evolocumab	Regeneron/Sanofi and Amgen	Monoclonal antibody	Approved
Inclisiran	Alnylam/The Medicines Company	RNA interference	Phase III planned
MEDI4166	AstraZeneca	PCSK9 antibody fused to GLP1 peptide	Phase I/II
AT04A and AT06A	Affiris	Vaccine	Phase I
DS-9001	Daiichi Sankyo/Pieris Pharmaceuticals	Anticalin (antibody mimetic)	Phase I
CRISPR-based approach	Academic project and AstraZeneca	CRISPR	Preclinical
PF-06446846	Pfizer	Small molecule	Discontinued
BMS-PCSK9Rx and SPC5001	BMS/Ionis Pharmaceuticals and Santaris Pharma/Roche	Antisense	Discontinued
BMS-962476	BMS	Adnectin (antibody mimetic)	Discontinued



#### NATURE REVIEWS ENDOCRINOLOGY | NEWS AND VIEWS





## Cardiovascular endocrinology: Is ANGPTL3 the next PCSK9?

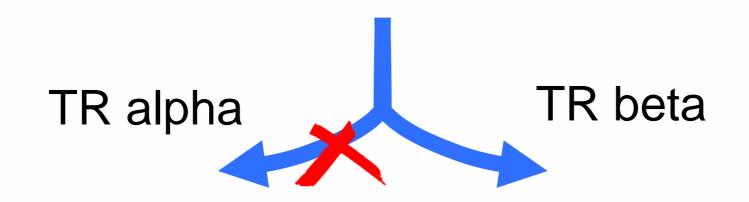
Kiran Musunuru & Sekar Kathiresan

Affiliations | Corresponding author

Nature Reviews Endocrinology (2017) | doi:10.1038/nrendo.2017.88

Published online 14 July 2017

### Selective Thyroid Receptor Agonist(s)



Side effects

Heart

Bone

Skeletal muscle

Metabolic effects

Cholesterol

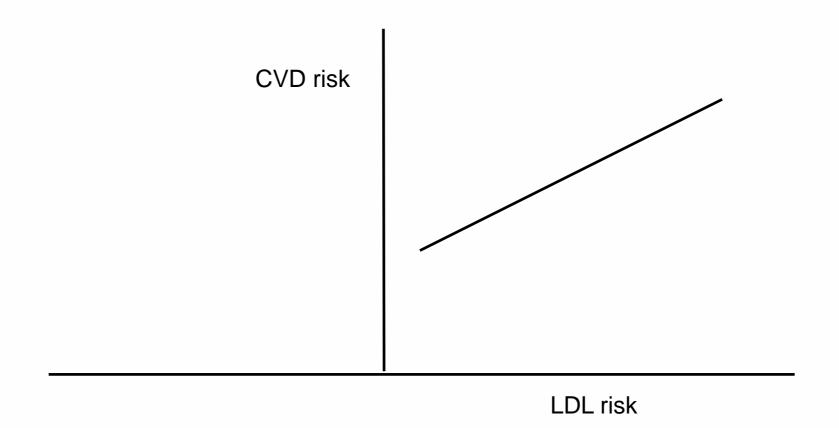
Triglycerides

▼ Lipoprotein(a)

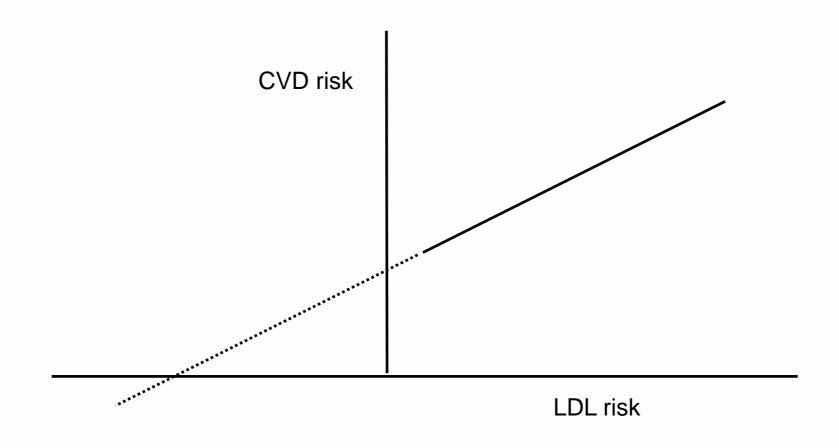
Reverse cholesterol transport

Metabolic rate

## "how low can you go?"



## "how low can you go?"

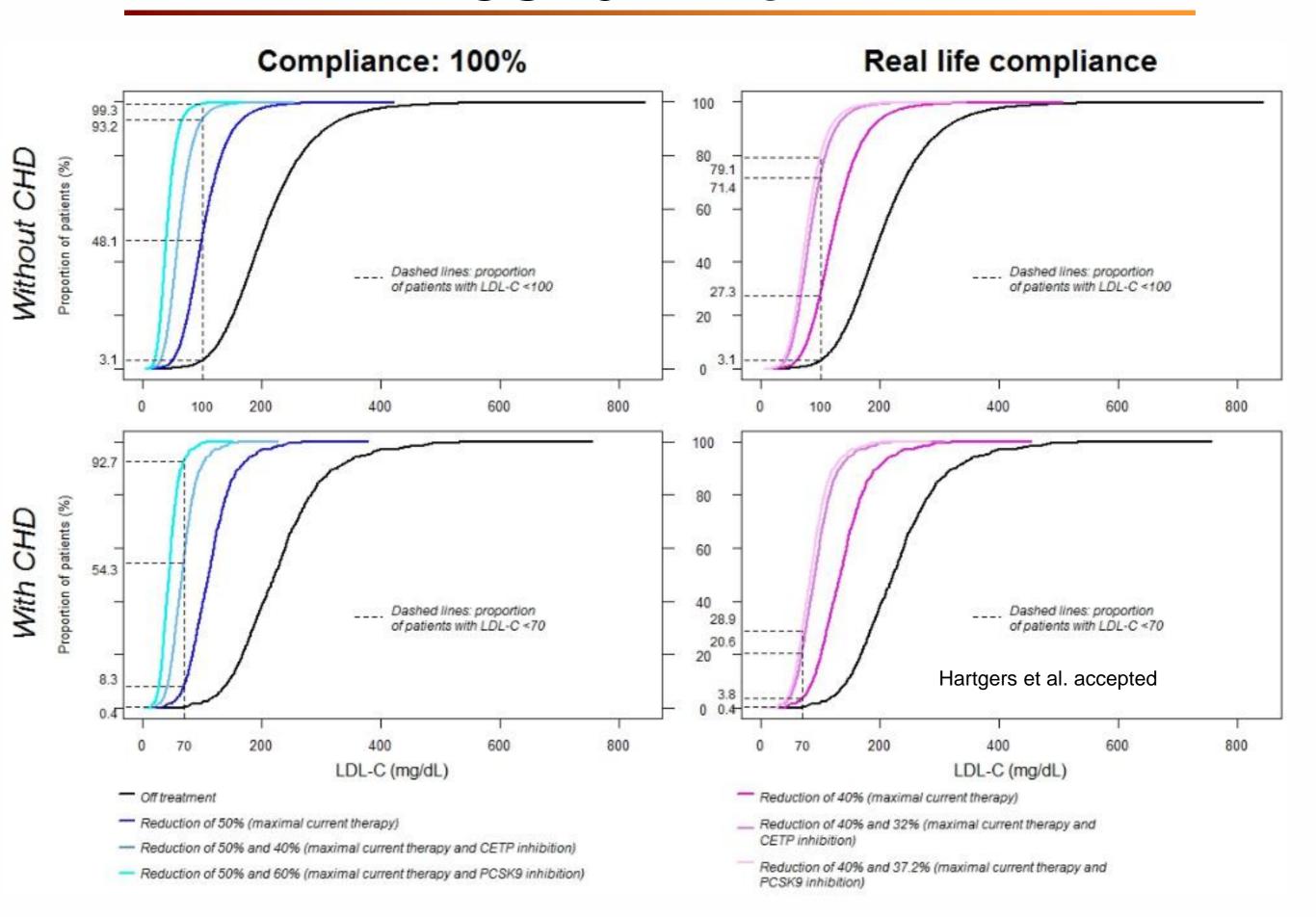


Z - 5 Z

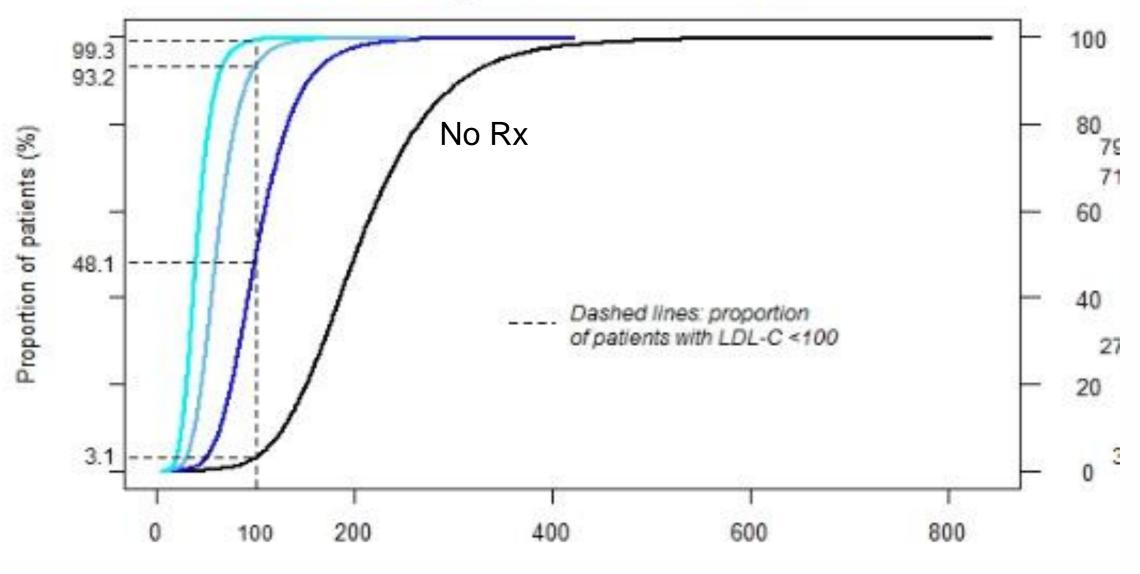
5

10

# Conceptrichtlijn Cardiovasculair risicomanagement (CVRM)



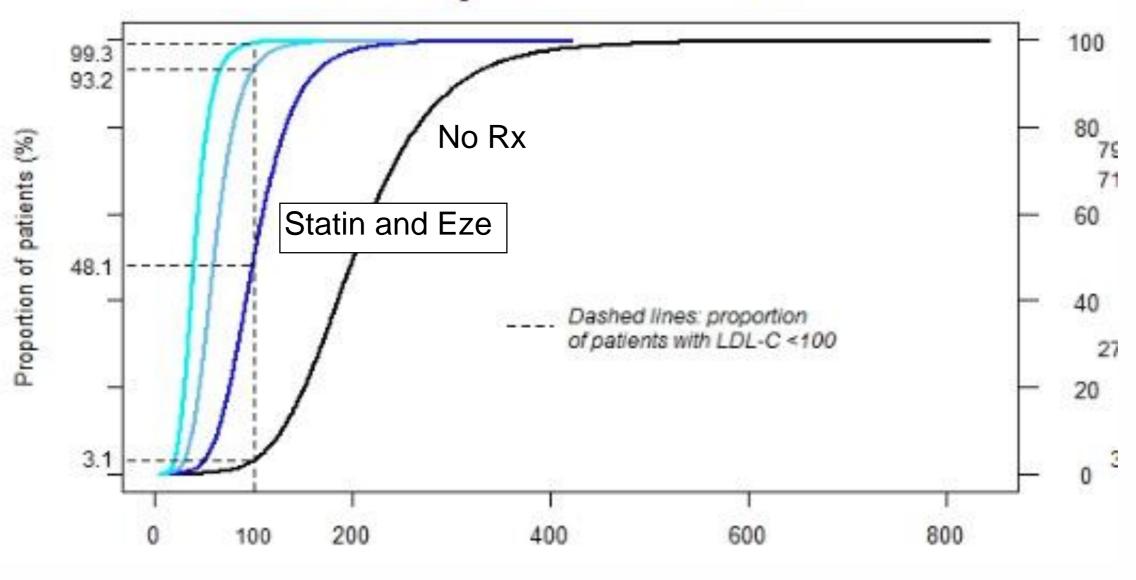




Without CVD

Hartgers et al. accepted J CLin Lipidol

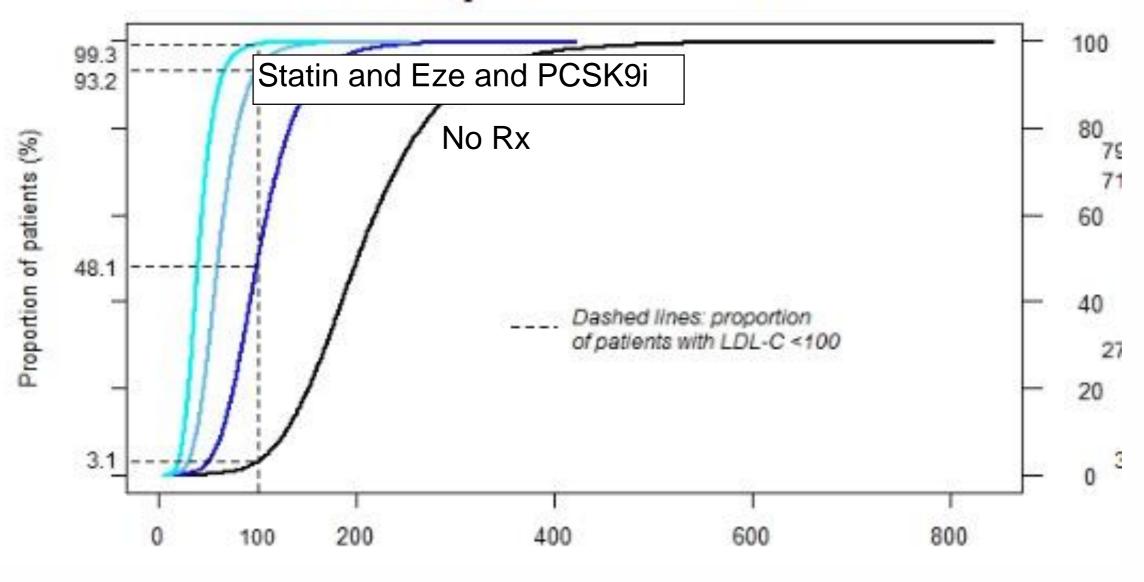




Without CVD

Hartgers et al. accepted J CLin Lipidol

#### Compliance: 100%



Without CVD

Hartgers et al. accepted J CLin Lipidol

#### "all that good?"

Aan: G.K. Hovingh

dinsdag 15 mei 2018 10:07

U hebt dit bericht doorgestuurd op 15-5-2018 21:55.

ernstige bijwerkingen praluent

Potroft: move T.Voo. do Couo (04.49.4047)



@lumc.nl







Aan: G.K. Hovingh

dinsdag 15 mei 2018 9:53

Beste Kees,

Dank voor de reactie.

Ja ik heb een patiënte met HeFH die nauwelijks LDL daling laat zien op zowel alirocumab en evolocumab. Zeker therapietrouw. Intrigerend hoe dat tussen individuen kan wisselen.

Groet,

Adverse events and inefficacy of PCSK9
Inhibition with evolocumab or alirocumab in hypercholesTeraemic pAtients. (AKITA trial)

https://nl.surveymd.Marchr2018)FPY89

